Outagamie County Public Health (OCPH)
Coronavirus Disease 2019 (COVID-19) Situation Update
Monday, March 30, 2020

*new information in blue

BY THE NUMBERS (as of 2:30 pm 3/30/20)

Current case counts are available at the WI Department of Health Services website.

<table>
<thead>
<tr>
<th>WI Confirmed Cases</th>
<th>Outagamie County Confirmed Cases</th>
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<tbody>
<tr>
<td>1221</td>
<td>9</td>
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KEY POINTS

- Outagamie County is seeing evidence of community spread. This means when you leave home, assume that you will come into contact with COVID-19.
- Please Stay Home so you don’t increase your likelihood of getting sick, and you reduce the risk of getting others sick too.
- All community members should be monitoring themselves for symptoms (fever, cough, shortness of breath) and isolating themselves from others as soon as they develop these symptoms.
- Contact your healthcare provider if you have symptoms.
- With all of us doing our parts, staying safer at home, we will get through this.

- Here is what we are asking everyone to do stop the spread of COVID-19:
  - Stay at home.
  - Limit your physical interactions to the same people during this time. Less than five (5) total will help us stop the virus from spreading.
  - Keep at least six (6) feet apart and avoid physical contact.
  - Try to make only one (1) trip a week for essentials (groceries, medications)
  - Wash your hands often with soap and water
  - Stay connected by phone and social media.

- The COVID-19 pandemic, and the resulting changes to our lifestyles, can make anyone anxious or even depressed. Do not hesitate to ask for help if you're feeling overwhelmed. Call 800-985-5990 to speak to a trained crisis counselor or text TalkWithUS to 66747.

- Safer at Home Emergency Order #12 starts today. FAQs All non-essential businesses must close. Exemptions are listed in the order and explained in the Frequently Asked Questions. If a business is unsure about whether or not they are exempt, please contact WI Economic Development Corporation.
• It’s ok to go outside for fresh air, taking walks, and riding bikes. Maintain physical distance—six (6) feet apart.
  o County parks are open.
  o Playgrounds are closed.
  o Fees are waived at WI Stat Parks and Trails

• Outagamie County (OC) has four (4) confirmed cases of COVID-19 in the jurisdiction of OCPH. The individuals are under isolation and close contacts are being identified and monitored by OCPH.

• Testing for COVID-19 is currently prioritized for critically ill hospitalized patients and health care workers with symptoms. People with mild symptoms (fever, cough, and shortness of breath) should self-isolate at home. If symptoms get worse (difficulty breathing), call your doctor.
  o Isolating at home:
    ▪ As much as possible stay in a separate room from other family members
    ▪ Use a separate bathroom, if possible
    ▪ Wear a facemask if you are around others in your home
    ▪ Wash hands often
    ▪ Clean all “high touch” surfaces every day

• For non-medical questions, United Way’s 2-1-1 Fox Cities service can provide resources on issues such as:
  o Food delivery for home bound seniors
  o Transportation options
  o Nutrition programs for children who rely on free and reduced meals at school
  o Information on emerging resources in the community
  o Contact:
    ▪ Text COVID19 to 211-211
    ▪ Call 211
    ▪ Visit 211Wisconsin.org

• Women, Infants and Children (WIC) Program
  o WIC services will continue through phone contacts.
  o WIC is:
    ▪ Providing nutrition education and issue food benefits for all appointments
    ▪ Providing a 30-day benefit extension to infants and children who are due to be recertified on the program.
  o Please Note:
    ▪ WIC staff are calling from cellphones and will leave a new call back number. Please contact them at that number to decrease the calls to the office.
    ▪ Infants less than 8 weeks old will be certified by phone. Please call the office to report the birth and we will follow up with you.
    ▪ If you are able to send a message please send an email to
CONTACT:
Outagamie County Public Health Division
Phone: 920-832-5100
Email: PHQuestions@Outagamie.org

hhsWIC@outagamie.org. During this time this may be the most efficient way to contact participants. Please include a phone number for us to contact you at.

- You can always call Outagamie County WIC at (920)832-5109 and leave a message.

- All non-essential OC departments and/or divisions will remain closed indefinitely. Many employees are working from home.
  - Brewster Village is currently closed to all visitors.
  - OC Jail is currently closed to all visitors.
  - WIC office is closed for in-person visits. WIC staff are working from home and calling participants to provide benefits. For WIC related questions, please call 920-832-5109 or email hhswic@outagamie.org
  - OC Courts are open.
  - The Outagamie County District Attorney’s office will be doing all public services through mail, drop off options or online.

RESOURCES AND INFORMATION

- Visit www.Outagamie.org/PublicHealth for updates and links to reliable information and guidance on COVID-19
- Visit and “Like” our Facebook page for current updates www.Facebook.com/OCPublicHealth
- The Centers for Disease Control and Prevention is a reliable source of information, including what to do if you are sick.
- The President’s Coronavirus Guidelines for America – 15 Days to Slow the Spread of Coronavirus (COVID-19) has been released and is available at whitehouse.gov

CURRENT RECOMMENDATIONS FOR THE COMMUNITY

- Practice social distancing. This is a technique to slow the spread of infectious diseases. Social distancing means staying home as much as possible in order to avoid other people.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Cover your coughs and sneezes with a flexed elbow or disposable tissue and wash your hands.
- Avoid touching your eyes, nose, mouth, and close contact with people who are sick.
- Clean and disinfect common areas both at home and in the workplace (i.e. door handles, bathrooms, tables).
- Practice self-care to deal with stress and anxiety. It can be as simple as small things throughout your day like deep breaths, a hot shower, sleep, tea, or connecting with a friend.