Outagamie County Public Health (OCPH)

Coronavirus Disease 2019 (COVID-19) Situation Update

Friday, March 27, 2020

*new information in blue

BY THE NUMBERS (as of 2:30 pm 3/27/20)

<table>
<thead>
<tr>
<th>WI Confirmed Cases</th>
<th>Outagamie County Public Health Jurisdiction Confirmed Cases</th>
<th>Outagamie County Public Health Jurisdiction Pending Test Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>842</td>
<td>4</td>
<td>45</td>
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KEY POINTS

- Here is what we are asking everyone to do stop the spread of COVID-19:
  - Stay at home.
  - Limit your physical interactions to the same people during this time. Less than five (5) total will help us stop the virus from spreading.
  - Keep at least six (6) feet apart and avoid physical contact.
  - Try to make only one (1) trip a week for essentials (groceries, medications)
  - Wash your hands often with soap and water
  - Stay connected by phone and social media.

- When you leave home, assume that you will come into contact with COVID-19. Stay home so you don’t increase your likelihood of getting sick, and you reduce the risk of getting others sick too. All community members should be monitoring themselves for symptoms (fever, cough, shortness of breath, sore throat) and isolating themselves from others as soon as they develop these symptoms.

- The COVID-19 pandemic, and the resulting changes to our lifestyles, can make anyone anxious or even depressed. Do not hesitate to ask for help if you're feeling overwhelmed. Call 800-985-5990 to speak to a trained crisis counselor or text TalkWithUS to 66747.

- Safer at Home Emergency Order #12 starts today. FAQs All non-essential businesses must close. Exemptions are listed in the order and explained in the Frequently Asked Questions. If a business is unsure about whether or not they are exempt, please contact WI Economic Development Corporation

- It’s ok to go outside for fresh air, taking walks, and riding bikes. Maintain physical distance—six (6) feet apart.
  - County parks are open.
  - Playgrounds are closed.
  - Fees are waived at WI Stat Parks and Trails
Outagamie County (OC) has four (4) confirmed cases of COVID-19 in the jurisdiction of OCPH. The individuals are under isolation and close contacts are being identified and monitored by OCPH.

Testing for COVID-19 is currently prioritized for critically ill hospitalized patients and health care workers with symptoms. People with mild symptoms (fever, cough, and shortness of breath) should self-isolate at home. If symptoms get worse (difficulty breathing), call your doctor.

- Isolating at home:
  - As much as possible stay in a separate room from other family members
  - Use a separate bathroom, if possible
  - Wear a facemask if you are around others in your home
  - Wash hands often
  - Clean all “high touch” surfaces every day

For non-medical questions, [United Way’s 2-1-1](https://www.211wisconsin.org) Fox Cities service can provide resources on issues such as:

- Food delivery for home bound seniors
- Transportation options
- Nutrition programs for children who rely on free and reduced meals at school
- Information on emerging resources in the community

**Women, Infants and Children (WIC) Program**

- WIC services will continue through phone contacts.
- WIC is:
  - Providing nutrition education and issue food benefits for all appointments
  - Providing a 30-day benefit extension to infants and children who are due to be recertified on the program.

**Please Note:**

- WIC staff are calling from cellphones and will leave a new call back number. Please contact them at that number to decrease the calls to the office.
- Infants less than 8 weeks old will be certified by phone. Please call the office to report the birth and we will follow up with you.
- If you are able to send a message please send an email to [hhsWIC@outagamie.org](mailto:hhsWIC@outagamie.org). During this time this may be the most efficient way to contact participants. Please include a phone number for us to contact you at.
- You can always call Outagamie County WIC at (920)832-5109 and leave a message.
All non-essential OC departments and/or divisions will remain closed indefinitely. Many employees are working from home.
  o Brewster Village is currently closed to all visitors.
  o OC Jail is currently closed to all visitors.
  o WIC office is closed for in-person visits. WIC staff are working from home and calling participants to provide benefits. For WIC related questions, please call 920-832-5109 or email hhswic@outagamie.org
  o OC Courts are open.
  o The Outagamie County District Attorney’s office will be doing all public services through mail, drop off options or online.

RESOURCES AND INFORMATION

- Visit www.Outagamie.org/PublicHealth for updates and links to reliable information and guidance on COVID-19
- Visit and “Like” our Facebook page for current updates www.Facebook.com/OCPublicHealth
- The Centers for Disease Control and Prevention is a reliable source of information, including what to do if you are sick.
- The President’s Coronavirus Guidelines for America – 15 Days to Slow the Spread of Coronavirus (COVID-19) has been released and is available at whitehouse.gov

CURRENT RECOMMENDATIONS FOR THE COMMUNITY

- Practice social distancing. This is a technique to slow the spread of infectious diseases. Social distancing means staying home as much as possible in order to avoid other people.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Cover your coughs and sneezes with a flexed elbow or disposable tissue and wash your hands.
- Avoid touching your eyes, nose, mouth, and close contact with people who are sick.
- Clean and disinfect common areas both at home and in the workplace (i.e. door handles, bathrooms, tables).
- Practice self-care to deal with stress and anxiety. It can be as simple as small things throughout your day like deep breaths, a hot shower, sleep, tea, or connecting with a friend.