

Employee Personal Hygiene

Hair Coverings

- Hats, hair nets, clothing and beard restraints are required to be worn by all food handlers.
- Counter staff who do not handle food (ex. hostesses, wait staff) do not have to cover their hair.
- Hair can land in food if not properly covered.
- Employees contaminate their hands when touching their hair.

Jewelry

- Except for a plain ring (ex. wedding band), food employees cannot wear jewelry.
- Medical bracelets on arms and hands are not allowed to be worn.
- Jewelry provides an area that is difficult to clean.
- Pieces of jewelry can fall into food.

Food and Beverages

- Employees must eat, drink and smoke only in designated locations and not in areas where food is being prepared.
- Food handlers can drink from a closed container if carefully handled.
- Smoking and eating provides an opportunity for hands to be contaminated.
- Beverages in closed containers allow food handlers to stay hydrated.

Fingernails

- Fingernails must be maintained and trimmed.
- Food handlers cannot wear fingernail polish or artificial nails, unless gloves are worn at all times.
- Properly maintained fingernails allows for effective and thorough handwashing.
- Broken fingernails can end up in the food.

Clothing

- Clean clothing must be worn by food handlers.
- Dirty clothing could contaminate hands and food being prepared.