

SAFE COOKING TEMPERATURES



Public Health
Prevent. Promote. Protect.
Outagamie County
Health and Human Services

poultry
stuffed fish
stuffed meats

165°F

155°F

ground meat
ground fish
game animals

shell eggs
whole cuts of:
meat & fish

145°F

135°F

commercially
precooked food
vegetables

Use thermometer to check temperatures. Calibrate thermometer often.