

## What is the Eco-Challenge?

What do migrating monarchs, a spider's web and symbiosis have to do with teamwork, communication, problem solving and trust? Take the Eco-challenge to find out. The Eco-challenge is a low, group challenge course at Mosquito Hill Nature Center. A group challenge course is an outdoor personal development and team building activity that consists of a series of real and imaginary obstacles designed to challenge groups and individuals to work together to accomplish a task.

*"One touch of nature makes the whole world kin."*

-William Shakespeare

Mosquito Hill Nature Center

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## Take the Eco-Challenge



*Group Challenge  
Course at Mosquito  
Hill Nature Center*



# The Eco-Challenge

## Benefits:

With the Eco-challenge, the focus is on the team and the environment. Team development and leadership concepts are taught through a series of action-based learning activities that are no more than twenty-four inches off of the ground.

Activities draw on the knowledge and ideas of every group member and require the participation and cooperation of the entire team for success. The Eco-challenge is designed to teach ecological concepts while instilling group cooperation, problem solving and leadership skills. Each event or “obstacle” of the Eco-challenge involves a scenario linked to an ecological concept such as migration, symbiosis,

interconnectedness and carrying capacity. Participants will discover through their experience that solving ecological problems requires teamwork and cooperation in society.

## Who can participate:

The eco-challenge is designed to be a group activity, which builds on group dynamics. School groups, scout groups, corporate teams and other groups can participate in the Eco-challenge. The recommended age of the Eco-challenge is sixth-grade to adult; however, groups cannot be mixed between youth and adults.

With youth groups, adults participate by supervising the group and encouraging participation of the entire group, without offering solutions to the group challenge. Each event of the Eco-challenge is designed to accommodate 15 to 20 participants, so larger groups will be divided into smaller teams. Trained Mosquito

Hill staff or volunteers must lead all activities, so pre-registration is required. It is recommended that groups dedicate at least a half-day session of two to four hours to the Eco-challenge to get the most out of the experience.

### Elements of the eco-challenge include:

- Balance of Nature
- Carrying Capacity
- Flying in Formation
- Monarch Migration
- Spider’s Web
- Symbiosis

For more information or to register contact:

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